

EAT. DRINK. SOCIALIZE.

WEEKLY SPECIALS: AUGUST 18TH – AUGUST 22ND

Great Choice!



ALL MENU ITEMS FIT HEALTHY EATING GUIDELINES!

MON

graze: mushroom tofu tacos with jicama kale slaw (v), cilantro cauliflower rice (v)

island eats: spicy jerk tofu (v), island spiced yellow rice (v), island style cabbage (v), sweet plantains (v), red cabbage and mango slaw (v), coconut cream cake with mango (v)

create: beef and broccoli, vegetable fried rice (v), vegetable egg roll (v)

TUES

breakfast Grill: egg white with cheddar, spinach, mushroom & onion

grill: salmon burger with guacamole

kitchen: herb roasted turkey, green beans, corn, mashed potatoes

WED

breakfast Grill: egg white with cheddar, spinach, mushroom & onion

grill: salmon burger with guacamole

graze: lasagna rollups, grilled asparagus

mezze: lamb kebab, mezze spiced vegetable kabab (v), stuffed Greek chicken breast, mezze spiced spring roasted vegetables (v), artichoke and roasted red pepper pesto spinach salad (v), chickpea cucumber sumac salad (v), fattoush salad (v), mezze minted lentil salad (v)

THURS

breakfast Grill: egg white with cheddar, spinach, mushroom & onion

grill: salmon burger with guacamole

FRI

breakfast Grill: egg white with cheddar, spinach, mushroom & onion

grill: salmon burger with guacamole

TITUSVILLE

Johnson & Johnson

Breakfast 7:30 am – 10:30 am

Lunch 11:30 am – 1:30 pm

(Sarah Wancio) - (809)730-2335

Need catering - [click here](#)

AVAILABLE EVERYDAY

BREAKFAST

- egg white cheddar tomato on ww sandwich thin (v)
- made to order eggs/egg whites and egg/egg white omelets with variety of vegetables
- oatmeal bar, fruit, toppings

GRILL

- grilled chicken breast
- beyond meat burger (v)
- black bean burger (v)
- beef/turkey burger patty
- roasted vegetables (v)
- ww bread/sandwich thins (v)

DELI

- chicken salad
- cage free egg salad
- fat-free tuna salad
- grilled vegetables (v)
- ww bread/sandwich thins (v)

J&J eats



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